

WOMAN'S WISDOM

by Kathleen Y. Rattigan

I wrote this article in honour of all women, and with our upcoming Mother's Day, felt that these words acknowledge the ability to nurture that is so present in all females upon our "Mother Earth."

Once upon a time, our world moved in rhythm to a gentler heartbeat. In this era, some few thousands of years past, our Creator was honored and worshipped in the Divine Feminine aspect and was called "Mother of All." Many were Her names; however, this article is not about that subject.

Come delve with me into a new understanding—or perhaps a deep remembrance—of the wisdom of women. Behind you stands your mother, and behind her, your grandmother, and looking backwards to prehistoric times is an almost infinite line of women. Come forward to now, come forward to this moment and realize that you are the culmination of all this history; you are the result of the courage, the strength and the survival skills of these countless generations. Within you beats the heart of this matriarchal lifeline.

Women are the nurturers of our societies. We are, by nature, skilled in caring for the young and the old. It is within us to be highly aware of emotions, inside both others and ourselves. We are, in other words, naturally intuitive. This is different from E.S.P (extra-sensory perception) because it is NOT extra; it is part of us and is normal. Females have this because we must be able to be aware of our young. Many stories are documented of mothers who knew their child was in danger, even though they were not with them at the time. Our intelligence, intertwined with our intuition, takes a different form from conventional wisdom.

A Woman's Worth, a wondrous book written by Marianne Williamson, should be required reading for us all. I know that it would have changed my life and saved me from a lot of wrong turns, sadness, and confusion. A passage in this book, found at the beginning of Chapter 3, rings bells within my soul. I hope it does the same for you. It is as follows: "There is a collective force rising up on the earth today, an energy of reborn feminine. As the feminine spirit seeks to rise, there are numerous forces seeking to push her back down. The Goddess archetype doesn't replace God; she merely keeps him company. She expresses his feminine face."

In May of this year, I will turn 67 years of age. I feel honored to have reached well past the half-century mark, relish my white/silver hairs, and laugh wrinkles. I am young enough to appreciate all the finer things of life, and yet old enough to have traveled many different life paths. Wisdom is now of high value within me, and it is to other

women that I turn for guidance and truth. I delight in the clear and practical realities that these women adhere to. I have learned it is the simple things of life that give peace and joy. A well cared for child, an elder of our society who is honored, the lush and nurturing bounty of our Mother earth, the gentle adoration of our pets, gatherings of family and friends: these are the things that nourish a soul.

A woman's wisdom is a precious pearl. We must use it now to heal the wounds of our societies, our earth, ourselves. We, the women, need to remember that in gentleness can be great strength; however, the power of an awakening feminine force is inexorable.

Through the remembrance and exaltation of our Mother Goddess, we return balance and equality to the human race. From strength, compassion, intuition and good practical wisdom will come the next step in human evolution. Woman will once again walk in harmony upon our earth, in joy and freedom, honoring the Mother Goddess. Blessed be your journey.

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